



“There is a vitality, a life force, an energy, a quickening, that is translated through you into action, and because there is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and will be lost.”

—Martha Graham

Thinking back to the fire, maybe it was the adrenaline rush that got our hearts involved. There was no question that our contribution mattered. There wasn't time to pause and figure out what task we were properly trained to do or whether somebody else might be better at it. Our deep longing for physical survival shocked us into action. We tapped into something powerful within that enabled us to do what we needed to do.

That connection and related response to our deepest Authentic Nature is what we all want so very badly.

*Hold to your own truth
at the center of the image
you were born with.*

*Those who do not understand
their destiny will never understand
the friends they have made
nor the work they have chosen*

*nor the one life that waits
beyond all others.*

—David Whyte, from poem, “All the True Vows”

Oftentimes, we think it all depends on our effort and talent, so we work harder to achieve some level of competence that will guarantee our success and happiness at work. We've become adept at willfulness and quite awkward with soulfulness. Is there such a thing as a “call” that transcends my choices and plans?